



When you join the staff of the University of Zaragoza, you should know that:

1. The University of Zaragoza has its own prevention service, Unit for the Prevention of Occupational Risks (UPRL), located in Interfacultades building, third floor. As soon as know your incorporation date, you **should contact the UPRL** to be informed about the possible risks of your job, as well as how to avoid them.

2. A **first medical examination** must be carried out at the **QUIRON PREVENCIÓN** (Health Surveillance Service). The time you can go is from 7:45 a.m. to 14:00 p.m., Monday to Friday, requesting an appointment at the following self-quoting web address <https://www.quironprevencion.com/misalud/es>

MEDICAL CENTER U.Z.	C.M.U. Pedro Cerbuna (Campus Pza. S. Francisco)
SP QUIRON PREVENCIÓN Zaragoza	C/Pintor Antonio Saura, nº 6
SP QUIRON PREVENCIÓN Zaragoza	C/Richard Wagner, nº 15
SP QUIRON PREVENCIÓN Zaragoza	C/Marina Española, nº 6
SP QUIRON PREVENCIÓN Teruel	Avda. América, nº 17
SP QUIRON PREVENCIÓN Huesca	Avda. Pirineos, nº 25, local
SP QUIRON PREVENCIÓN Monzón	Pº. Barón de Eroles, nº 5
SP QUIRON PREVENCIÓN Jaca	Avda. Regimiento de Galicia, nº 15

This is a **yearly** basis medical examination by appointment, and must be adapted to your job. For this reason, you must inform the doctor who examines you about your job features and the existence, if ever, of special risks (chemical, biological, noise, radiation, work at height, manual handling of loads...) about it.

3. If use of personal protective equipment needed, EPI's, you must request it through the UPRL web page, in the following link <https://uprl.unizar.es/epis/formulario-de-solicitud-de-epis>.

4. You must know about the procedure to follow in case of an accident at work. You can check the link https://uprl.unizar.es/sites/uprl.unizar.es/files/archivos/Procedimientos/it-prl-at-01_.pdf. In case of an accident, social security contribution worker must go to the **MAZ Accident Mutual** Centers: MAZ Zaragoza (avda. Academia General Militar, nº 74); MAZ Huesca (Pº Ramón y Cajal, 31); MAZ Jaca (C/. Regimiento de Galicia, 21); MAZ Teruel (Avda. Sagunto 44 o Clínica Santiago, C/. Sariñena,12). **MUFACE** personnel must go to the concerted health company.

5. When you begin to work, you should acquaint yourself with your building features and know the evacuation routes and emergency exits nearest to your workstation. You can consult the **Emergency Plan** of your building in the following link <https://uprl.unizar.es/planesauto/planes-de-autoproteccion-de-la-uz>

6. Consult your rights and obligations in terms of prevention, as well as any organizational issue in prevention in the [Prevention Plan of the University of Zaragoza](#).

7. Consult any prevention information you need on the UPRL website in the link <http://uprl.unizar.es/> or contact any of the prevention technicians.